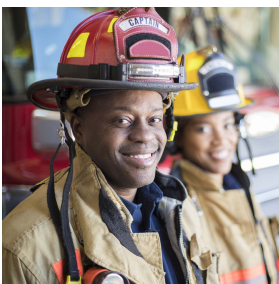




Fetal Alcohol Spectrum Disorders (FASD)

Fetal Alcohol Spectrum Disorders (FASD) is an umbrella term used to describe disorders that result from alcohol exposure during pregnancy.

Did you know that individuals with FASD may have developmental challenges and may exhibit certain behaviors because of their FASD?



FASD may affect neurocognitive, adaptive, and behavioral functioning.

See the reverse side of this card for common FASD indicators.

Signs an individual may have FASD:

- They may be unable to understand abstract concepts. For example, they may interpret the term “waiving rights” to mean “waving rights”
- They may make up stories to fill in gaps or blanks in their own memory
- They may appear overly pleasant or present a sassy facade
- They may not understand the consequences of their actions or what is happening to them
- They may shut down or withdraw when overwhelmed or pressured

What first responders can do:

- Use simple, short directives when speaking
- Be very concrete and specific when giving instructions
- Repeat information
- Check if they understand what you said
- Be patient if an individual appears to shut down or withdraw



Resources

mha.ohio.gov/fasd
odh.ohio.gov/fasd

